Menu for the month of



September 2017

Note: Children under 2 years of age will have a substitute item for raw carrots & celery.

Water is available to drink at all meals.

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	31	
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Cheese Quiche	Cinnamon Toast	Oatmeal	Banana Muffins	Scrambled Egg
Cold Cereal/Milk	Ham	Fresh Fruit	Yogurt	Toast
Lunch	Cold Cereal/Milk	Cold Cereal/Milk	Cold Cereal/Milk	Cold Cereal/Milk
Fish Sticks	Lunch	Lunch	Lunch	Lunch
Pork n Beans	Teriyaki Chicken and Rice	Bean and Cheese Taco	Spaghetti and Meat Sauce	Chicken and Rice Casserole
Broccoli	Cole Slaw	Peas	Steamed Carrots	Green Beans
Mandarin Oranges	Mixed Vegetables	Corn	Salad	Cucumber Salad
Milk	Tropical Fruit Mix	Grapes	Mixed Fruit	Mixed Fruit
Snack	Milk	Milk	Milk	Milk
Wheat Thins and Cream Cheese	<u>Snack</u>	<u>Snack</u>	<u>Snack</u>	<u>Snack</u>
Apple Juice	Chocolate Pudding	Apple Slices	Corn Bread	Goldfish and Raisins
	Apple Juice	Apple Juice	Apple Juice	Apple Jui
4	5	6	7	
	Breakfast	Breakfast	Breakfast	Breakfast
	Waffles			
	***	Oatmeal	Blueberry Muffin	Scrambled Egg
	Sausage	Fresh Fruit	Yogurt	Toast
NO SCHOOL	Cold Cereal/Milk	Cold Cereal/Milk	Cold Cereal/Milk	Cold Cereal/Milk
	Lunch	Lunch	Lunch	Lunch
LABOR DAY	Chicken Alfredo	Cheese Enchilada Casserole	Chicken Pot Pie	Chicken Salad Wrap
<u> </u>	Green Beans	Spanish Rice	Cucumber Salad	Steamed Broccoli
	Salad	Beans	Steamed Carrots	Cole Slaw
	Mixed Fruit	Grapes	Pears	Pineapple
	Milk	Milk	Milk	Milk
	Snack	Snack	Snack	Snack
	Fruit Crisp	Yogurt and Granola	Cheese and Crackers	<u>Snack</u> Trail Mix
	•	3		
	Apple Juice	Apple Juice	Apple Juice	Apple Juice
11	12	13	14	:
<u>Breakfast</u>	Breakfast	<u>Breakfast</u>	Breakfast	Breakfast
regetable and Cheese Quiche	French Toast	Oatmeal	Cinnamon Muffin	Scrambled Egg
•				
Cold Cereal/Milk	Ham	Fresh Fruit	Yogurt	Toast
<u>Lunch</u>	Cold Cereal/Milk	Cold Cereal/Milk	Cold Cereal/Milk	Cold Cereal/Milk
Beef Stroganoff	Lunch	Lunch	Lunch	Lunch
Salad	Cheese Pizza	Chicken Quesadilla	Homemade Meatloaf	Tuna Noodle Casserole
Steamed Carrots	Mixed Vegetables	Beans	Mashed Potatoes & Gravy	Green Beans
	3		•	
Bananas	Cole Slaw	Corn	Cucumbers	Steamed Broccoli
Milk	Apple Slices	Peaches	Mixed Fruit	Pineapple
<u>Snack</u>	Milk	Milk	Milk	Milk
Pretzels	Snack	Snack	Snack	Snack
Apple Juice	Banana Bread	Jello with Fruit	Celery Sticks and Cream Cheese	Vanilla Wafers
Apple duice			•	
	Apple Juice	Apple Juice	Apple Juice	Apple Juice
18		20	21	:
	19			
- 1	-		Breakfast	Breakfast
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u> Pumpkin Muffin	Breakfast Scrambled Foo
<u>Breakfast</u> Ham and Cheese Quiche	<u>Breakfast</u> Biscuits and Sausage Gravy	<u>Breakfast</u> Oatmeal	Pumpkin Muffin	Scrambled Egg
<u>Breakfast</u> Ham and Cheese Quiche Cold Cereal/Milk	<u>Breakfast</u> Biscuits and Sausage <i>G</i> ravy Cold Cereal/Milk	<u>Breakfast</u> Oatmeal Fresh Fruit	Pumpkin Muffin Yogurt	Scrambled Egg Toast
<u>Breakfast</u> Ham and Cheese Quiche	<u>Breakfast</u> Biscuits and Sausage Gravy	<u>Breakfast</u> Oatmeal	Pumpkin Muffin	Scrambled Egg
<u>Breakfast</u> Ham and Cheese Quiche Cold Cereal/Milk	<u>Breakfast</u> Biscuits and Sausage <i>G</i> ravy Cold Cereal/Milk	<u>Breakfast</u> Oatmeal Fresh Fruit	Pumpkin Muffin Yogurt	Scrambled Egg Toast
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs	<u>Breakfast</u> Oatmeal Fresh Fruit Cold Cereal/Milk <u>Lunch</u>	Pumpkin Muffin Yogurt Cold Cereal/Milk <u>Lunch</u>	Scrambled Egg Toast Cold Cereal/Milk <u>Lunch</u>
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos	Pumpkin Muffin Yogurt Cold Cereal/Milk <u>Lunch</u> Pulled Pork Sandwich	Scrambled Egg Toast Cold Cereal/Milk <u>Lunch</u> Cheese Tortellini with Tomato
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad	<u>Breakfast</u> Oatmeal Fresh Fruit Cold Cereal/Milk <u>Lunch</u> Crispy Tacos Beans	Pumpkin Muffin Yogurt Cold Cereal/Milk <u>Lunch</u> Pulled Pork Sandwich Cucumber Salad	Scrambled Egg Toast Cold Cereal/Milk <u>Lunch</u> Cheese Tortellini with Tomato Sauce
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches	<u>Breakfast</u> Oatmeal Fresh Fruit Cold Cereal/Milk <u>Lunch</u> Crispy Tacos Beans Corn	Pumpkin Muffin Yogurt Cold Cereal/Milk <u>Lunch</u> Pulled Pork Sandwich Cucumber Salad Mixed Vegetables	Scrambled Egg Toast Cold Cereal/Milk <u>Lunch</u> Cheese Tortellini with Tomato Sauce Green Beans
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad	<u>Breakfast</u> Oatmeal Fresh Fruit Cold Cereal/Milk <u>Lunch</u> Crispy Tacos Beans	Pumpkin Muffin Yogurt Cold Cereal/Milk <u>Lunch</u> Pulled Pork Sandwich Cucumber Salad	Scrambled Egg Toast Cold Cereal/Milk <u>Lunch</u> Cheese Tortellini with Tomato Sauce
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce	Pumpkin Muffin Yogurt Cold Cereal/Milk <u>Lunch</u> Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple	Scrambled Egg Toast Cold Cereal/Milk <u>Lunch</u> Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk	Pumpkin Muffin Yogurt Cold Cereal/Milk <u>Lunch</u> Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk	Scrambled Egg Toast Cold Cereal/Milk <u>Lunch</u> Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack	Pumpkin Muffin Yogurt Cold Cereal/Milk <u>Lunch</u> Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk <u>Snack</u>	Scrambled Egg Toast Cold Cereal/Milk <u>Lunch</u> Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk <u>Snack</u> Lemon Squares	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack	Pumpkin Muffin Yogurt Cold Cereal/Milk <u>Lunch</u> Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk <u>Snack</u>	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk <u>Snack</u> Lemon Squares	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk <u>Snack</u> Lemon Squares	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Maetballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice Breakfast Bacon and Cheese Quiche	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice Breakfast Oatmeal	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice Breakfast Pancakes Sausage	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin Yogurt	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice Breakfast Bacon and Cheese Quiche	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice Breakfast Oatmeal	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice Bacon and Cheese Quiche Cold Cereal/Milk Lunch	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice Breakfast Pancakes Sausage Cold Cereal/Milk	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice 27 Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin Yogurt Cold Cereal/Milk	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast Cold Cereal/Milk
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice Breakfast Bacon and Cheese Quiche Cold Cereal/Milk Lunch Sloppy Joe on Bun	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice Breakfast Pancakes Sausage Cold Cereal/Milk Lunch	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin Yogurt Cold Cereal/Milk Lunch	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast Cold Cereal/Milk Lunch
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice Bacon and Cheese Quiche Cold Cereal/Milk Lunch Sloppy Joe on Bun Mixed Vegetables	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice 26 Breakfast Pancakes Sausage Cold Cereal/Milk Lunch Oven Baked Chicken	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice 27 Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Bean and Cheese Chalupa	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin Yogurt Cold Cereal/Milk Lunch Lasagna	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast Cold Cereal/Milk Lunch Tuna Sandwich
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice Breakfast Bacon and Cheese Quiche Cold Cereal/Milk Lunch Sloppy Joe on Bun	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice Breakfast Pancakes Sausage Cold Cereal/Milk Lunch	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin Yogurt Cold Cereal/Milk Lunch Lasagna Broccoli	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast Cold Cereal/Milk Lunch
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice Bacon and Cheese Quiche Cold Cereal/Milk Lunch Sloppy Joe on Bun Mixed Vegetables	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice 26 Breakfast Pancakes Sausage Cold Cereal/Milk Lunch Oven Baked Chicken	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice 27 Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Bean and Cheese Chalupa	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin Yogurt Cold Cereal/Milk Lunch Lasagna	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast Cold Cereal/Milk Lunch Tuna Sandwich
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice Breakfast Bacon and Cheese Quiche Cold Cereal/Milk Lunch Sloppy Joe on Bun Mixed Vegetables Cole Slaw Pineapple	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice 26 Breakfast Pancakes Sausage Cold Cereal/Milk Lunch Oven Baked Chicken Cucumber Salad Peas	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice 27 Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Bean and Cheese Chalupa Spanish Rice Corn	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin Yogurt Cold Cereal/Milk Lunch Lasagna Broccoli Salad	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast Cold Cereal/Milk Lunch Tuna Sandwich Pickle Slice Carrots
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice Breakfast Bacon and Cheese Quiche Cold Cereal/Milk Lunch Sloppy Joe on Bun Mixed Vegetables Cole Slaw Pineapple Milk	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice 26 Breakfast Pancakes Sausage Cold Cereal/Milk Lunch Oven Baked Chicken Cucumber Salad Peas Peaches	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice 27 Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Bean and Cheese Chalupa Spanish Rice Corn Apple Slices	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin Yogurt Cold Cereal/Milk Lunch Lasagna Broccoli Salad Applesauce	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast Cold Cereal/Milk Lunch Tuna Sandwich Pickle Slice Carrots Tropical Fruit Mix
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice 25 Breakfast Bacon and Cheese Quiche Cold Cereal/Milk Lunch Sloppy Joe on Bun Mixed Vegetables Cole Slaw Pineapple Milk Snack	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice 26 Breakfast Pancakes Sausage Cold Cereal/Milk Lunch Oven Baked Chicken Cucumber Salad Peas Peaches Milk	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice 27 Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Bean and Cheese Chalupa Spanish Rice Corn Apple Slices Milk	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice 28 Breakfast Apple Cinnamon Muffin Yogurt Cold Cereal/Milk Lunch Lasagna Broccoli Salad Applesauce Milk	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast Cold Cereal/Milk Lunch Tuna Sandwich Pickle Slice Carrots Tropical Fruit Mix Milk
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice 25 Breakfast Bacon and Cheese Quiche Cold Cereal/Milk Lunch Sloppy Joe on Bun Mixed Vegetables Cole Slaw Pineapple Milk	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice 26 Breakfast Pancakes Sausage Cold Cereal/Milk Lunch Oven Baked Chicken Cucumber Salad Peas Peaches	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice 27 Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Bean and Cheese Chalupa Spanish Rice Corn Apple Slices	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin Yogurt Cold Cereal/Milk Lunch Lasagna Broccoli Salad Applesauce Milk Snack	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast Cold Cereal/Milk Lunch Tuna Sandwich Pickle Slice Carrots Tropical Fruit Mix
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice 25 Breakfast Bacon and Cheese Quiche Cold Cereal/Milk Lunch Sloppy Joe on Bun Mixed Vegetables Cole Slaw Pineapple Milk Snack	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice 26 Breakfast Pancakes Sausage Cold Cereal/Milk Lunch Oven Baked Chicken Cucumber Salad Peas Peaches Milk	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice 27 Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Bean and Cheese Chalupa Spanish Rice Corn Apple Slices Milk	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice 28 Breakfast Apple Cinnamon Muffin Yogurt Cold Cereal/Milk Lunch Lasagna Broccoli Salad Applesauce Milk	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast Cold Cereal/Milk Lunch Tuna Sandwich Pickle Slice Carrots Tropical Fruit Mix Milk
Breakfast Ham and Cheese Quiche Cold Cereal/Milk Lunch Chicken and Noodle Bake Cole Slaw Peas Grapes Milk Snack Carrots and Ranch Dressing Apple Juice Breakfast Bacon and Cheese Quiche Cold Cereal/Milk Lunch Sloppy Joe on Bun Mixed Vegetables Cole Slaw Pineapple Milk Snack Oatmeal Strawberry Bars	Breakfast Biscuits and Sausage Gravy Cold Cereal/Milk Lunch Meatballs Mashed Potatoes and Gravy Salad Peaches Milk Snack Chips and Salsa Apple Juice Breakfast Pancakes Sausage Cold Cereal/Milk Lunch Oven Baked Chicken Cucumber Salad Peas Peaches Milk Snack	Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Crispy Tacos Beans Corn Applesauce Milk Snack Vanilla Pudding Apple Juice 27 Breakfast Oatmeal Fresh Fruit Cold Cereal/Milk Lunch Bean and Cheese Chalupa Spanish Rice Corn Apple Slices Milk Snack	Pumpkin Muffin Yogurt Cold Cereal/Milk Lunch Pulled Pork Sandwich Cucumber Salad Mixed Vegetables Pineapple Milk Snack Lemon Squares Apple Juice Breakfast Apple Cinnamon Muffin Yogurt Cold Cereal/Milk Lunch Lasagna Broccoli Salad Applesauce Milk Snack	Scrambled Egg Toast Cold Cereal/Milk Lunch Cheese Tortellini with Tomato Sauce Green Beans Steamed Carrots Pears Milk Snack Chex Mix Apple Juice Breakfast Scrambled Egg Toast Cold Cereal/Milk Lunch Tuna Sandwich Pickle Slice Carrots Tropical Fruit Mix Milk Snack